

“Joining forces for healthy food sources.”



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Mothers, babies, and workplaces benefit from breastfeeding

Public health nutritionists like Michelle Draxten help mothers transition back to work after the birth of a baby. In Fargo and Cass County, the Back to Work Mom (B2Wmom) program supports breastfeeding employees with resources, including a Healthy Baby Bag, text message support, and classes. Public health nutritionists also help workplace leaders create private lactation spaces, develop and implement supportive policies, and achieve the North Dakota Infant Friendly Workplace designation.

Learn more about breastfeeding support in Fargo and Cass County at:

FMBreastfeeding.com

Learn more about the North Dakota Infant Friendly Workplace designation at:

[Breastfeeding Support in the Workplace | Health and Human Services North Dakota](#)